



Ultimate Japan Study Abroad Packing List



Documents & Money



Passport + student visa



COE + Copies



Admission Letter + Insurance docs



International debit



Enough yen for the first few weeks



Passport photos



Emergency contact list

Daily Essentials

- Toiletries you prefer (e.g., deodorant, skincare)
- Prescription meds with doctor note
- Comfortable shoes
- Day backpack





Clothing

- Summer:
 Lightweight
- Winter: thermals
- Spring/Fall:
 Layers
- Comfortable walking shoes

Electronics



- Universal power adapter
- Portable charger

Laptop

Study tools or textbooks



What NOT to Bring

- Heavy books or textbooks
- Too many clothes
- Large bottles or toiletries
- Restricted food or medicine

Optional Helpful Items



Snacks or comfort food from home



OTC medication you



trust

Extra shoes if large sizes are hard to find

